



Dr. Paul Dhinakaran
Founder - SEESHA



The Samiti for Education Environment Social and Health Action (SEESHA) is a non-governmental, humanitarian organization founded by eminent humanitarian and philanthropist, Dr. Paul Dhinakaran, in the year 2003. SEESHA has been involved in serving vulnerable underprivileged communities across India with compassion for 20 years.

Transforming
MORE THAN
3,00,000 LIVES

VISION

The vision of SEESHA is "to assist the poorest of the poor and the needy, towards alleviation of suffering, upliftment of the deprived, differently-abled, marginalized, affected by ill health, social unrest, natural calamities, irrespective of caste, creed, colour, or religion."



SEESHA, with its motto "**Let's Give Life**", touches the lives of nearly 150,000 people every year through equitable and quality educational services, building homes for those affected by natural disasters, reaching out to vulnerable population with healthcare interventions, and many more.

Our Approach

Holistic Community Development Programme, which builds communities into "Model villages" through step-by-step holistic intervention methods. The projects are designed to cater to the four-fold aspects of development - health, education, environment, and Resilient Community (Social protection, Financial literacy, Livelihood promotion & Social empowerment)





HEALTH & COMMUNITY DEVELOPMENT



1,428 RMNCH+A*
beneficiaries benefited
through regular
home visits & counselling



106 Periodic medical
outreach camps
conducted



7,998 Beneficiaries
reached through Dental,
Eye and General medical
camps



1,593 Pregnant Women
and Lactating Mothers
sensitized and counselled on
World Breastfeeding week
2023



123 Houses
reconstructed for
impovertised families
in DJ Halli Slum,
Bengaluru



187 Anganwadi
workers trained on Exclusive
Breastfeeding (EBF)
& Infant Young
Children Feeding (IYCF)



120 Children living with
HIV/AIDS supported
with Nutritional
supplements &
Counselling services



12 CHFs* engaged
and trained for facilitating
awareness on health care
& practices



REHABILITATION & ELDERLY CARE



467 Poor and needy beneficiaries provided with institutional & home-based care in Coimbatore



80 Special children are being provided with special education & physiotherapy in Chennai



134 Parents, staff and special children are offered mental health counselling in Chennai



227 Differently abled people supported with assistive devices & retro-fitted motor vehicles



237 People provided with care & counselling support through center for Well-Being in Coimbatore



30 Elders provided with food, shelter, medical & geriatric care, physiotherapy & psycho-social support



50 Destitute elders provided with dry rations, Counselling & care in Tharangambadi.



23,366 People were provided with hygiene & dry ration kits during COVID-19 across India



3,648 People benefited through COVID Vaccine Camps along with Govt. across India



EDUCATION



Over **6,093** disadvantaged children received free coaching @ SEESHA Learning Centers across **41** locations



60,000 School-going children received **School Kits**



2,54,448 Children from underprivileged families gifted with **New clothes**



971 Students received **1.56 crores** in **Scholarships** across India



359 School students received basic **Computer Skill Training**

* Anganwadi Center

ENVIRONMENT



50,000 sapling planted in schools, AWC* and PRI premises in Cuddalore district



515 people participated in Go Green sensitization campaign across India



166 people participated in Zero Plastic awareness campaign in Cuddalore and Tiruvallur district



600 people participated in Swachh Bharat sensitization campaign across India



YOUTH &

WOMEN EMPOWERMENT



3,448 Beneficiaries trained in different trades of business



135 Widows & destitute women received monthly financial incentives



273 Women-led micro enterprises successfully established



2,015 Women enhanced income through SHG* cooperation & entrepreneurial skills



56 Women elected as president & members of PRI (Panchayati Raj Institution) from SHG



1,000 Students received Career Guidance & Counselling



6,000 Youths upskilled & reskilled on different trades



1,052 Youths facilitated for different employments in various fields



160 People were provided with Short Term Skill Training through RSETI* & JSS*



Eight Community-based youth clubs for personal & sports development



135 Women Empowered in household decision-making

* Self Help Group, * Rural Self Employment Training Institutes, *Jan Shikshan Sansthan



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DISASTER MANAGEMENT



37 Houses constructed for Thane cyclone affected people in Cuddalore



92 Houses built for Gaja Cyclone affected people in Nagapattinam & Thanjavur districts



THREE Primary Health Centers constructed after Kerala flood in Thrissur and Ernakulam districts



270 Ockhi cyclone affected people supported with dry ration & school kits



800 Gaja cyclone affected people were provided with immediate relief materials, school kit and medical camps



2,600 Kerala flood affected people were provided with hot cooked meals, dry rations & school kits



1,150 South west monsoon heavy rain affected people were supported with dry rations, school kits & emergency medicines



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GEOGRAPHICAL PRESENCE



OUR COLLABORATORS



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